

HORARIO CLASES COLECTIVAS

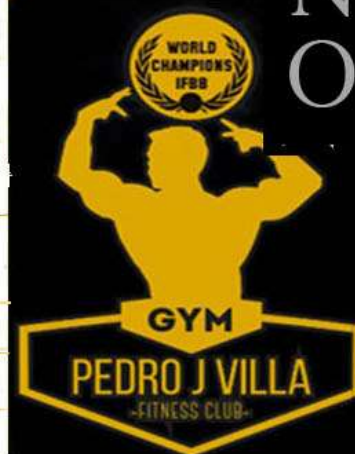
	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
07:00	SPINNING VIRTUAL SPINNING VIRTUAL	SPINNING VIRTUAL SPINNING VIRTUAL	SPINNING VIRTUAL SPINNING VIRTUAL	SPINNING VIRTUAL SPINNING VIRTUAL	SPINNING VIRTUAL SPINNING VIRTUAL
8:30	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL
09:30	FUNCIONAL TRAINING FULL BODY	FUNCIONAL TRAINING FIT DANCE	FUNCIONAL TRAINING FULL BODY	FUNCIONAL TRAINING BODY PUMP	FUNCIONAL TRAINING BODY PUMP
10:30	FIT DANCE	PILATES	FIT DANCE	PILATES	FIT DANCE
12:30	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL
14:00	BODY PUMP	FUNCIONAL TRAINING	BODY PUMP	FUNCIONAL TRAINING	SPINNING VIRTUAL
15:00	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL
16:30	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL
17:30	PILATES FUNCIONAL KIDS	PILATES SPINNING VIRTUAL	FULL BODY FUNCIONAL KIDS	FIT DANCE FUNCIONAL KIDS	YOGA FUNCIONAL KIDS
18:00	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL
18:30	FUNCIONAL TRAINING FIT DANCE	FUNCIONAL TRAINING BODY PUMP	FUNCIONAL TRAINING PILATES	FUNCIONAL TRAINING ABD/STRECHING	FUNCIONAL TRAINING FIT DANCE
19:00	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL
19:30	FUNCIONAL TRAINING SPINNING BODY PUMP	FUNCIONAL TRAINING FIT DANCE	FUNCIONAL TRAINING SPINNING FIT DANCE	FUNCIONAL TRAINING BODY PUMP	FULL BODY
20:00	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL
20:30	FUNCIONAL TRAINING YOGA	FUNCIONAL TRAINING MMA	FUNCIONAL TRAINING YOGA	FUNCIONAL TRAINING MMA	SPINNING VIRTUAL

*USO OBLIGATORIO DE TOALLA, GUANTES Y AGUA O BEBIDA ISTÓNICA

*PROHIBIDO USAR LAS SALAS COLECTIVAS EN HORARIO DE CLASE

TODAS LAS CUOTAS SON PERSONALES E INTRANSFERIBLES

NUESTRAS INSTALACIONES DEPORTIVAS PERMANECEN ABIERTAS TODO EL AÑO, NO SE PARALIZAN LAS CUOTAS NI POR VACACIONES NI MOTIVOS NO JUSTIFICADOS, SOLAMENTE ACCIDENTES CON JUSTIFICANTE MÉDICO



AÑO 2023



FUNCTIONAL TRAINING

20:30

JUEVES MARTES
FINALBUDO MMA
FINALBUDO MMA



DOMINGO

09:00H A 14:00H

LUNES A JUEVES

06:00H A 23:00

VIERNES

06:00H A 22:30