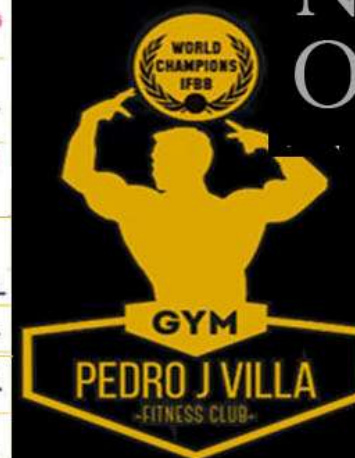


# HORARIO CLASES COLECTIVAS

	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
07:00	FUNCIONAL TRAINING	FUNCIONAL TRAINING	FUNCIONAL TRAINING	FUNCIONAL TRAINING	FUNCIONAL TRAINING
8:30	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL
09:30	FUNCIONAL TRAINING FULL BODY	FUNCIONAL TRAINING FIT DANCE	FUNCIONAL TRAINING FULL BODY	FUNCIONAL TRAINING BODY PUMP	FUNCIONAL TRAINING BODY PUMP
10:30	FIT DANCE SPINNING VIRTUAL	PILATES SPINNING VIRTUAL	FIT DANCE SPINNING VIRTUAL	PILATES SPINNING VIRTUAL	FIT DANCE SPINNING VIRTUAL
12:30	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL
14:00	BODY PUMP	FUNCIONAL TRAINING	BODY PUMP	FUNCIONAL TRAINING	SPINNING VIRTUAL
15:00	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL
16:30	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL
17:30	FUNCTIONAL KIDS PILATES	PILATES	FUNCTIONAL KIDS FULL BODY	FIT DANCE	YOGA
18:00	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL
18:30	FUNCIONAL TRAINING FIT DANCE	FUNCIONAL TRAINING BODY PUMP	FUNCIONAL TRAINING PILATES	FUNCIONAL TRAINING ABD/STRECHING	FUNCIONAL TRAINING FIT DANCE
19:00	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL
19:30	FUNCIONAL TRAINING SPINNING BODY PUMP	FUNCIONAL TRAINING FIT DANCE	FUNCIONAL TRAINING SPINNING FIT DANCE	FUNCIONAL TRAINING BODY PUMP	FULL BODY
20:00	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL
20:30	FUNCIONAL TRAINING YOGA	FUNCIONAL TRAINING MMA	FUNCIONAL TRAINING YOGA	FUNCIONAL TRAINING MMA	SPINNING VIRTUAL



AÑO 2024



FUNCTIONAL TRAINING

20:30  
JUEVES MARTES  
FINALBUDO MMA  
FINALBUDO MMA



\*USO OBLIGATORIO DE TOALLA, GUANTES Y AGUA O BEBIDA ISTÓNICA

\*PROHIBIDO USAR LAS SALAS COLECTIVAS EN HORARIO DE CLASE

TODAS LAS CUOTAS SON PERSONALES E INTRANSFERIBLES  
NUESTRAS INSTALACIONES DEPORTIVAS PERMANECEN ABIERTAS TODO EL AÑO, NO SE PARALIZAN LAS CUOTAS NI POR VACACIONES NI MOTIVOS NO JUSTIFICADOS, SOLAMENTE ACCIDENTES CON JUSTIFICANTE MÉDICO

LUNES A JUEVES

06:00H A 23:00

VIERNES

06:00H A 22:30H

SABADO

09:30H A 14:30H Y 17:30H A 20:00H

DOMINGO

09:00H A 14:00H