

HORARIO CLASES COLECTIVAS

	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
07:30	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL
8:30	FUNCIONAL TRAINING	FUNCIONAL TRAINING	FUNCIONAL TRAINING	FUNCIONAL TRAINING	FUNCIONAL TRAINING
09:30	FUNCIONAL TRAINING FULL BODY	FUNCIONAL TRAINING FIT DANCE	FUNCIONAL TRAINING FULL BODY	FUNCIONAL TRAINING BODY PUMP	FUNCIONAL TRAINING BODY PUMP
10:30	FIT DANCE SPINNING VIRTUAL	PILATES SPINNING VIRTUAL	FIT DANCE SPINNING VIRTUAL	PILATES SPINNING VIRTUAL	FIT DANCE SPINNING VIRTUAL
12:30	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL
14:00	BODY PUMP	FUNCIONAL TRAINING	BODY PUMP	FUNCIONAL TRAINING	SPINNING VIRTUAL
15:00	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL
16:30	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL
17:30	FUNCIONAL TRAINING PILATES	FUNCIONAL TRAINING PILATES	FUNCIONAL TRAINING FULL BODY	FUNCIONAL TRAINING FIT DANCE	YOGA
18:00	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL
18:30	FUNCIONAL TRAINING FIT DANCE	FUNCIONAL TRAINING BODY PUMP	FUNCIONAL TRAINING PILATES	FUNCIONAL TRAINING ABD/STRECHING	FUNCIONAL TRAINING FIT DANCE
19:00	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL
19:30	FUNCIONAL TRAINING SPINNING BODY PUMP	FUNCIONAL TRAINING FIT DANCE	FUNCIONAL TRAINING SPINNING FIT DANCE	FUNCIONAL TRAINING BODY PUMP	FULL BODY
20:00	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL	SPINNING VIRTUAL
20:30	FUNCIONAL TRAINING YOGA	MMA	FUNCIONAL TRAINING YOGA	MMA	SPINNING VIRTUAL

*USO OBLIGATORIO DE TOALLA, GUANTES Y AGUA O BEBIDA ISTÓNICA

*PROHIBIDO USAR LAS SALAS COLECTIVAS EN HORARIO DE CLASE

TODAS LAS CUOTAS SON PERSONALES E INTRANSFERIBLES
NUESTRAS INSTALACIONES DEPORTIVAS PERMANECEN ABIERTAS TODO EL AÑO, NO SE PARALIZAN LAS CUOTAS NI POR VACACIONES
NI MOTIVOS NO JUSTIFICADOS, SOLAMENTE ACCIDENTES CON JUSTIFICANTE MÉDICO

AÑO

2025



FITNESS CLUB

20:30	FINALBUDO MMA
	FINALBUDO MMA



LUNES A JUEVES
06:00H A 23:00H

VIERNES
06:00H A 22:30H

SÁBADO
09:00H A 14:00H 7 17:00H A 20:00

DOMINGO
09:00H A 14:00H